



## Professional Foundation and Further Training in Applied Biographical Development based on Anthroposophy Four-Country Region Lake Constance 2019-2022

For professionals active in fields like adult education, teaching, fine arts, therapy, nursing, medicine, consultancy, coaching, counselling, curative education, psychotherapy, pastoral care, social and hospice work, astrology, personnel and organisation development.

### Biography Fulfilment Healing Development Transformation

In biography, which is experienced as the living human temple, in which the 'I'-being of the individuality matures through love, the healing of personal suffering becomes the foundation for salutogenic fulfilment and social responsibility. Development happens through the individual search for ways in which to grow spiritual consciousness. Transformation happens through the individual deeds, which strives to create future destiny freedom.

### Schooling Process Intervention Activity Service

A schooling in the development of the incarnating 'I' in the body, soul and spirit through transformational processes mediated by dynamic, creative, social-artistic instruments, as also through intervention, which existentially recognises and accompanies the healing power of the Higher Self in the biography, towards personal and vocational activity, wanting to serve contemporary society through self-fulfilment.

### Admission

is based on vocational training, life experience and the requirement that one's own life has already been examined and documented according to the basic principles of biographical work, for example, under professional guidance, or through participation in seminars or courses, which encompass at least five hours intensive work with each seven year life phase.

Whilst knowledge of anthroposophy is not a prerequisite, an open mind is essential.

In addition, the applicant must be able to offer assurance that during the training they can acquire practical experience in a professional setting (project work).

### Announcement

[www.christophori.com](http://www.christophori.com)

### Contact

by email via [bildung@christophori.com](mailto:bildung@christophori.com) including provision of telephone availability.

### Schedule

introduction: Michaelmas 2019; beginning: December 2019; completion: Summer 2022.

### Duration

2 ½ years (30 months) with ten intensive weekend modules (Fri.15.00 - Sun.17.00), three weekday seminars (Mon.15.00 - Fri.17.00) and the certification module (Thu.15.00 - Sun.17.00) amounting to 396 training hours, with additionally c. 20 hours per month for study, project work as well as ongoing preparation and completion of I-documentation<sup>®</sup> for the certification.

### Fees

The total cost for ten weekend modules and three weekday seminars amount to € 4.800, to be settled by monthly payments of € 200 within two years from beginning.

Additional expenses are incurred through participation in the certification module and sharing the costs of the venue, materials and provision of simple catering. Participants are responsible for arranging their own their accommodation.

### Certification

The certification follows after full attendance during the training and completion of the project work, by way of presenting complete I-documentation<sup>®</sup>, including protocols of the training process, study, project work, practical experience, self-evaluation and formal evaluation.

Participants must demonstrate convincingly that they actively acquired the nature and methods of work with biographical development during the training and applied these independently.

### Supervision

Additional guidance which cannot be provided within the framework of the training sessions, for example, with project work and preparation of I documentation<sup>®</sup>, costs € 60 per hour.

### Direction

**Elisabeth Herta Maria Burkart**,<sup>○</sup> AT 1965, Wangen im Allgäu, Applied Biographical Development *cert.Christophori I.*<sup>®</sup> 2008 and Art of Speech in Private Practice; Waldorf Educator, Art Therapist in Drama and Speech i. t., Anthroposophical Schooling since 1990.

**Martin Studer**,<sup>○</sup> CH 1950, Zurich, Applied Biographical Development *cert.Christophori I.*<sup>®</sup> 2008, lic.oec., CEO, Change Management, Personnel and Organisation Development, Consultant in Gerontology, Culture of Dying. Anthroposophical Schooling since 1992.

### Mentor

**Christopher Bee**,<sup>○</sup> EU 1953, Lake Constance, Spiritual Ecologist a.G.d.A.; Dip. Artistic and Creative Form Therapist; Dip. Psychologist; Trainer and Consultant: spiritual psychotherapy, biographical healing, consciousness schooling, Imaginal Transformation<sup>®</sup>, mythographic intervention, sacral metamorphosis, supervision, coaching, mediation, community building.