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Self-Certification of the Further Professional Training in Applied Biographical Development based on Anthroposophy

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- Individual Training Assessment** The individual practitioner is primarily responsible both for evaluating the degree of their own ability to do that for which they are trained or that for which they are called, and for recognising that further schooling and assessment are a professional priority.
- Professional Conscience Transparent Striving Synarchy** The professional practices self-knowledge about their capacities and limitations, and is willing to reveal their vocational work in alignment with their own conscience, whilst establishing transparency in the presence of challenge and scrutiny by their peers; who in their turn are consciously striving to maintain their own transparency, in accordance with the development and promotion of synarchical competence.
- Processes** At all stages of the work, colleagues are required to practice self-knowledge by way of the application of the following exercises and disciplines:
- ∅ prior assessment of schooling priorities
 - ∅ design and application of forms of evaluation
 - ∅ set goals for development
 - ∅ structural implementation
 - ∅ engage in process
 - ∅ permit phenomenology
 - ∅ adapt and transform perception
 - ∅ collect, order and resolve observation
 - ∅ re-create images of self, other and world
- Instruments** From the outset colleagues are provided with documentary tools which require and enable fulfilment of the above procedures, whilst creating protocols which can also be evaluated independently by colleagues and the Direction as relevant; examples of such tools is the generation of applied documentation in relation to:
- ∅ objects (word, image, substance) and meditation techniques (focus, rhythm, intention);
 - ∅ seven-fold perceptual observation of categories, capacities and personality;
 - ∅ phenomenological research of the cycles of the Moon Nodes, Jupiter and Saturn;
 - ∅ nine-fold interpenetration of the three soul faculties (thinking, feeling, willing);
 - ∅ active listening, observation (interview, dialogue, relationship) and guided imagination;
 - ∅ twelve-fold sensory evaluation of self, other and world (character, quality, style).
- Verification** The documentary form of assessment is a portfolio of the clearly disclosed results of the application of the above processes and instruments, including independent feedback from colleagues and the Direction. The training culminates with a formal presentation, the ritual for which is uniquely designed and facilitated by the colleague wishing to establish certification; and who is also invited to dedicate themselves to their own code of professional ethics and, in accordance with these, to designate relationships which support intervision and supervision.
- Certification** The individual determines the formulation of the certifying document in collaboration with the Direction. The individual reads out the Certificate in the presence of the other colleagues and the Direction and is completed with the signatures of all those present.
- Through this deed the certificate receives validation. No other competence is recognised except the signatories, who reserve the right to acknowledge only those peer judgements concerning certified colleagues' professional work with Applied Biographical Development, which are forthcoming in a sphere of collegiality that is developing and promoting synarchical competence.