

Biographæa[®] Self-Certification

Modular Further Professional Training in Applied Biographical Development based on Anthroposophy



Self-Certification is voluntary. It is recommended that you take advantage of this possibility, if you are seeking recognition amongst professional colleagues whilst participating in circles of intervision. *Self-Certification* supports the building up of self confidence, as well as the trust of clients.

The foundation for *Self-Certification* is your own *I-documentation*[®] (individual documentation), including protocols of the *Further Professional Training*, the drawing up and research of your own biography, private study, project work, practical experience, and self-assessment.

The creation of your *I-documentation*[®] is guided and supervised by the direction. The goal of *Self-Certification* is to produce convincing proof, that you are able to, and want to, practice such discipline. Further training and the continuation of supervision, as well as intervision, later broaden your *Self-Certification*.

Guiding Principles: individual further schooling and self-assessment

The *individual* practitioner is primarily responsible for evaluating the degree of her own ability to do, that for which she is trained, or that for which she is called; recognising that *further schooling* and *self-assessment* are a professional priority.

Guiding Principles: professional competence and conscience, transparency and synarchy

A *professionally competent* person practices self-knowledge about her capacities and limitations. In alignment with her own *conscience*, she is willing to reveal her vocational work, in order to establish *transparency* in the presence of challenge and scrutiny by her peers, who in their turn are consciously striving to maintain their own *transparency*, in accordance with the development and promotion of collegial *synarchy*.

Procedures whose application promote schooling of professional competence

Prior assessment of schooling priorities; establishing goals for biographical development; designing methodologies for self-evaluation; implementation of created structures; engagement in process; permitting existential phenomenology; adapting and evolving faculties of perception; collecting, ordering and resolving observations; re-creating images of oneself, the other and the world.

Instruments which promote development of the capacity for self-assessment

objects of meditation (eg. concept, word, image, substance)
techniques of meditation (eg. rhythm, focus, intention)
seven-fold perception of categories, capacities and personality
nine-fold interpenetration of the three soul faculties (thinking, feeling, willing)
twelve-fold sensory evaluation of self, other and world (character, quality, style)

Verification

The *I-dokumentation*[®] for *self-assessment* clearly discloses the results of applying the above *procedures* and *instruments*, in combination with independent reports from colleagues and the direction. The *Further Professional Training* culminates in a formal presentation, involving a ritual which is uniquely designed and facilitated by the person wishing to establish *self-certification*; who dedicates herself to her own professional code of ethics, and commits to engaging with intervision and supervision in her future professional biography.

Self-Certification

The individual determines the final wording of the certifying document in collaboration with the direction. This is read out in the presence of the other colleagues and the direction. All present sign and date the certificate. This deed is the validation of the certificate. In the first instant the competence for the recognition of this deed lies with the signatories, who reserve the right to acknowledge only those peer judgements concerning the certified individual's professional work with *Applied Biographical Development*, which are realised in a sphere of collegiality dedicated to developing and promoting synarchical competence.