

Biographæa[®] Curriculum - 1st Professional Group of 7th Cycle

**Modular Further Professional Training
in Applied Biographical Development
based on Anthroposophy**



Module 1. Prebirth 27(22)hrs (you receive a more detailed programme before each module)

We begin with a multilayered social-artistic ritual, to develop the training community, as well as support the individual. The practical work with prebirth biography is accompanied by further instructions and applications. All the life phases of each participant are observed together in a creative artistic way; also taking into account the descent through the hierarchical spheres before birth. The architectural structure of biographical development in the planetary cosmos is mediated and described. Creative application and maintenance of I-documentation[®] is introduced. The first practical steps for working with the three soul capacities are taken; the basic principles for practicing biographical narration are explained. The accompaniment of the recording of individual biographies is negotiated. Colleagues with professional experience are asked to support their fellow participants in telling of their biographies between modules according to individual agreement.

Module 2. 00 - 21, Module 3. 21 - 42 and Module 4. 42 - 63 each 27(22)hrs

In each of the following three modules respectively three seven year life phases are examined. The principles governing biographical development in each seven year phase are comprehensively mediated with commentary as required. In particular practical ways of working with the interchange of Venus and Mercury is opened up in an original way. Multiple forms and methods for documenting a biography are presented, and their appropriate application by each participant is considered and determined. Gradually the stages of maturation and the planetary, numerological, nodal rhythms are described and examined in parallel; as also the practical application of an original method for biographical potentiation the future which has not yet been lived out up to 63. The observation of the three, four, seven and nine fold human constitution and development is mediated through multiple social-artistic applications. For each seven year life phase biographical exercises are mediated, which can be applied by participants according to their professional experience.

Module 5. Metamorphosis and Module 6. Resonance each 27(22)hrs

The last two modules of the year are dedicated to mediating and stimulating further development of the important research instruments connected with *Metamorphosis* and *Resonance* (generally called 'mirroring'). In working further with the recorded biographies of the participants, original indications, commentaries, tools, as also and social-artistic applications and biographical exercises are mediated. It is intended that the instrumentarium of each professionally experienced colleague is broadened generously; whilst their fellow participants get acquainted with the instruments of biographical development for the first time, so as to obtain a solid basis for the continuation of this professional training.

Guiding Principles of the Direction's Training Methodology

Coherent spiritual-scientific relationships between categories of study, learning, practise, applied mediums and work with biography are mediated by developing and applying interdisciplinary language.

Especially valuable is research accessing one's own available wisdom, anchoring this dynamically in the consciousness of the soul, and developing a training community through sharing with each other.

Particular attention is given to the development and demonstration of skills enabling self-assessment in one's own work and interaction with peers.

Contextual knowledge and literary references are facilitated comprehensively on paper (not digitally). This content is mediated primarily through processes, and secondarily through verbal commentary.

An additional course of private anthroposophical study is supported by the direction, according to individual needs and in alignment with the dynamic constitution of the training community.