



**Modular Further Professional Training
in Applied Biographical Development
based on Anthroposophy**

Conceived for individuals who are active in fields such as medicine, therapy, counselling, social and hospice work, curative and pastoral care, education and training, the fine arts (like music, literature, visual and performing arts), coaching, personnel and organisation development, who are ready and willing to engage in an intensive process of self-development and want to acquire a broader range of instruments.

Guiding Principles: healing, development and transformation in biography

In *biography*, which is experienced as the living temple of human being, where individuality grows through love, the *healing* of personal suffering evolves into a foundation for therapeutic change and guidance; *development* unfolds through the individual search for ways to create spiritual consciousness, and *transformation* is realised through individual deeds striving to shape destiny freedom for the future.

Guiding Principles: schooling in process and intervention in biography

A *schooling* for *development* of the incarnating 'I' in the body, soul and spirit, through *processes* involving the application of dynamic, creative, artistic instruments of *transformation* and *intervention*, which accompany the existential recognition of the *healing* power of the higher-self in the *biography*, on the personal level as well as in professional work, which can serve contemporary society.

Participation

Enrolment is possible on the basis of relevant life experience and professional training, conditional to the applicant being willing to examine and document their own life thoroughly, following the basic principles of biographical development, according to previous professional experience.

Duration and Location

During the year 6 modules are scheduled, from a Friday 15.00 to a Sunday 17.00 (*incl. pauses and 2 nights*); once a year an intensive module (*from 18.00 on day 1 to 16.00 on day 6*) will be offered. It is also possible to allocate private time for study, research and exercise. Modules will be held either in Büren an der Aare in Switzerland or near Überlingen am Bodensee, Germany, in alignment with the geographical distribution of participants.

Commitment for one year

Participation in 6 modules and an intensive module are contractually independent from each other.

Fees for one year

The basic fee for 6 modules is € 1650 / Sfr 1980 (€ 275 / Sfr 330 each) per person, excluding respective additional costs per module: transport for the *direction* at € 250 / Sfr 300 (Switzerland only), use of the studio at € 375 / Sfr 450, and individual board and lodging. The transport and studio costs will be divided among the participants according to individual financial circumstances. Those who are financially able, are asked to support the training community accordingly. The actual professional value of one such further training module is judged to be € 500 / Sfr 600 per person.

Direction, Design and Facilitation

The *direction* sees its main roll as being that of *mentor* to each participant. Year by year individual requirements of colleagues will be integrated by mutual agreement. The goal of the *direction* is to further the engagement of experienced colleagues in taking professional responsibility for the development and continuation of this modular further professional training.